Adjust the tension of the ball (figure 1)
Tighten and loosen the three screws at the bottom of the base to adjust the tension of the ball.

Interchangeable Feet (See figure 2)
Standard removable screw-in rubber feet can be interchanged with 3-leg base to meet the needs of any shooting location. When the monopod changed to with normal rubber feet, please turn the lock knob first and then the 3-leg base by clockwise to dismount the 3-leg base, and mount the rubber feet on. When mount on the 3-leg base, please turn the lock knob by clockwise first, then turn the 3-leg base by anticlockwise, and tighten.

Fluid Monopod Three Feet Support Stand (See figure 3)
Benro Twist lock style Monopod matched with the Three Feet Support stand ensures a firm footing, it can ensure +/-15° tilting movements (The Monopod can not have tilting movement when you Lock the knob by turning it clockwise.) very easy to operation.

NOTE: Please don’t loosen the Monopod during the process of operating.

Spread and Fold of the Three Feet Support Stand (see figure 4&5)
Spread: Open the Three Feet in proper order (see figure 4)
Fold: Press down the fixed position button, then folded the three feet (see figure 5)

Operating notice
1. Operate the products only when the Ball is locked safely to avoid damaging the camera.
2. Do not use the head below temperatures of 4°F or above +158°F (-20°C/+70°C).
3. Always clean and dry the head with soft cloth after it has been exposed to wet, dusty, sandy or salty conditions. Do not use it in salt water.
4. Do not expose it too long in the sunshine, or near car window because of the high temperature.
5. Use it carefully at dangerous places or areas ensure to take away the camera from the head during carrying.
6. Do not use this head near any chemical substance.

LIMITED WARRANTY COVERAGE
Your Benro product has been carefully manufactured, has passed many quality assurance checks and has been thoroughly tested before shipment. It is warranted in the country from which you purchased it based on the date of purchase to the original owner, against defects in materials and workmanship. The warranty does not apply to damages caused by mishandling, dropping, or leaking batteries, nor modification or servicing performed by others.

Please contact your local Benro dealer for further information and details about your warranty. To find the Benro distributor in your country, please check the distributor information at Benro official website www.benro.com.